

## Exploratory Study on the Online Learning Understanding Based on Movement and Condition in Sitting Position

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**Abstract**—This research study the relationship between the understanding of online learning during Movement Control Order (MCO) due to pandemic Covid-19 and the movement condition through the sensor's parameters sensed by smartphone. The studies carried out to track the student's movement and conditions in sitting position while online class conducted and collect the data recorded by using smartphone sensors. The Apps AndroSensor is used to measure the Light intensity (lux), Orientation (axis x, y and z), Sound Level (dB) and Heart Rate (bpm). The understanding of online learning is measured using survey and questionnaire. The respondents that involves on this research are consists from different universities. Multiple Linear Regression was used to conclude the relationship between the parameters and the understanding of online learning. Total 60 students were involved in this study. Students that are selected has followed the criteria needed which are height, weight and age.

**Keywords**—orientation, accelerometer, sound level, hear rate, light of intensity

### 1 Introduction

Online learning is evolving as the new paradigm of modern education. It uses telecommunication tools to provide knowledge for lesson and practice. Online learning creates a high demand from business and institutes of higher institution. Other than that, it is a great in learning on modern society. During Movement Control Order (MCO) due to pandemic Covid-19, universities embark online learning for the student to attend the class without physical attendance either they stay in campus's hostel or off campus at their home. Online learning outside the classroom especially at home apparently will give different experience to the student because of different surrounding environment. Therefore, the student attention and focus during the online teaching may different compare to learning during physical classroom and there is a tendency of frequent movement while attending the online classroom. Based on this possible scenario of online leaning classroom, this study carried out to track the student's movement and

conditions in sitting position while online class conducted and to find the relationship of these movement with the level of understanding of online learning during Movement Control Order (MCO) due to pandemic Covid-19.

## 2 Revolution of online learning

Salazar et al. [1] study the use of technology in learning activity that eventually contribute to the revolution of online learning. As shown in Figure 1, this study stated that there are four type of learning method which are traditional learning method, E-learning, M-learning, and U-learning. Traditional learning method frontal teaching methods that mostly rely on technical teaching method and require face to face session. The E-learning method ideal for long-distance learning, and learners can learn when they have internet connectivity. The E-learning method require to have a computer and network to conduct this session. However, the E-learning decreases the interactions between teachers and students among other students. M-learning (Mobile learning) is a way to allow a student to study with a portable device such as smartphones from any location at any available time. However, it can make students anti-social so that it is known as a passive model of learning like e-learning. U-learning is defined as an active learning pattern compared with M-learning and enables students to gather knowledge from the learning environment through different sensor types.

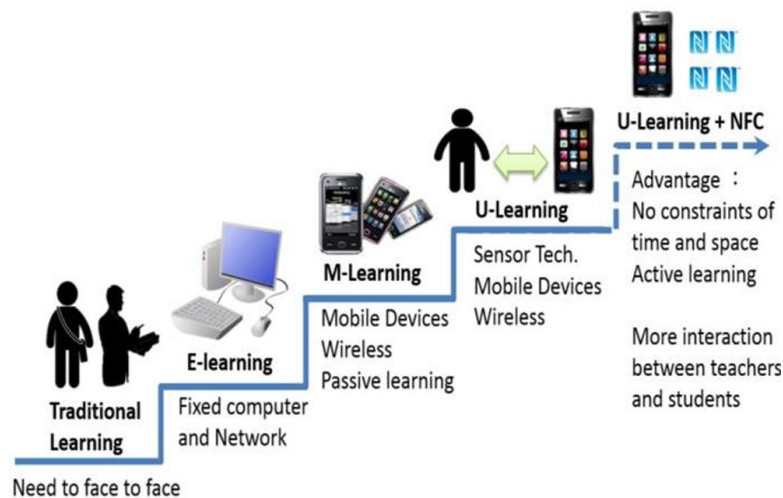


Fig. 1. Revolution of online learning [1]

## 3 Sensor parameters

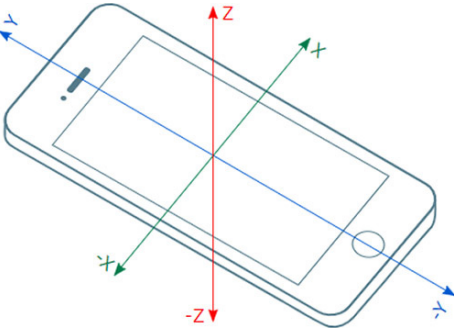
Nowadays, smartphone consists a bunch of varieties and powerful sensors which gives an opportunity for human interactions and connections, mainly in the most

developed countries. In daily life, people bring the smartphone everywhere. The sensors in smartphone can give the information and news updated. Thus, promote a richer chances and experience for user through the development of the sensors days by days. Smartphone sensors have abilities to collect data and quantities hence create innovative applications. The access of exploring the smartphone recently have no limit. All the information, knowledge or anything that we need are also in our fingertips.

*A sensor is a device, module or machine to detect any changes happen in its surrounding and transmit the input to other from the physical environment. The types of sensor could be light, heat, motion, humidity, light intensity or any other environmental phenomena. In broader benefit, sensors are used in daily life for instance touch-sensitive elevator buttons, lamp auto on in toilet and many others.*

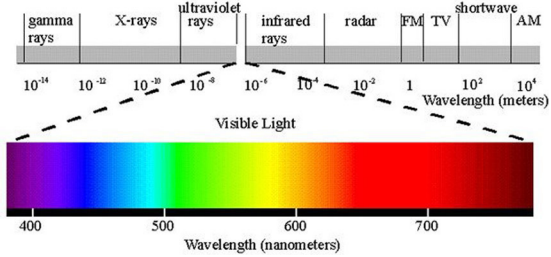
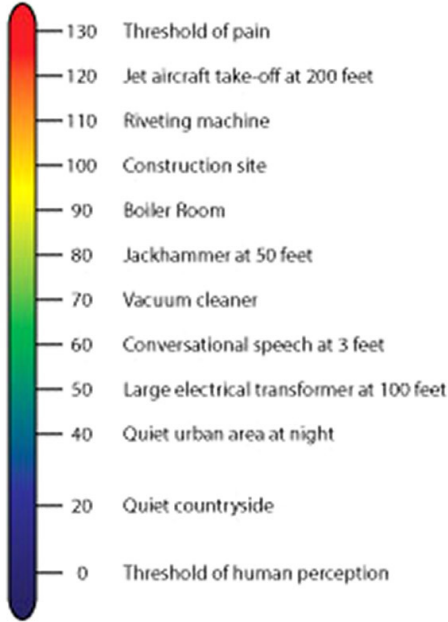
To track and record the student movement while attending the online classroom, the smartphone sensors is used. The Apps AndroSensor is used to measure the Light intensity (lux), Orientation (axis x, y and z), Sound Level (dB) and Heart Rate (bpm). Below Table 1 summarize the parameters used in this study.

**Table 1.** List of parameters

Orientation Sensor (axis x, y and z)																																																																																																																																						
Heart Rate	<table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th colspan="7">Resting Heart Rate Chart</th> </tr> <tr> <th colspan="7">Men (beats per minute)</th> </tr> <tr> <th>Age</th> <th>18 - 25</th> <th>26 - 35</th> <th>36 - 45</th> <th>46 - 55</th> <th>56 - 65</th> <th>65 +</th> </tr> </thead> <tbody> <tr> <td>Athlete</td> <td>49 - 55</td> <td>49 - 54</td> <td>50 - 56</td> <td>50 - 57</td> <td>51 - 56</td> <td>50 - 55</td> </tr> <tr> <td>Excellent</td> <td>56 - 63</td> <td>55 - 61</td> <td>57 - 62</td> <td>58 - 63</td> <td>57 - 64</td> <td>56 - 61</td> </tr> <tr> <td>Great</td> <td>62 - 65</td> <td>62 - 65</td> <td>63 - 66</td> <td>64 - 67</td> <td>62 - 67</td> <td>62 - 65</td> </tr> <tr> <td>Good</td> <td>66 - 69</td> <td>66 - 70</td> <td>67 - 70</td> <td>68 - 71</td> <td>68 - 73</td> <td>66 - 69</td> </tr> <tr> <td>Average</td> <td>70 - 73</td> <td>71 - 74</td> <td>71 - 75</td> <td>72 - 76</td> <td>72 - 75</td> <td>70 - 73</td> </tr> <tr> <td>Below Average</td> <td>74 - 81</td> <td>75 - 81</td> <td>76 - 82</td> <td>77 - 83</td> <td>76 - 81</td> <td>74 - 79</td> </tr> <tr> <td>Poor</td> <td>82 +</td> <td>81 +</td> <td>83 +</td> <td>84 +</td> <td>83 +</td> <td>80 +</td> </tr> </tbody> </table> <table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th colspan="7">Women (beats per minute)</th> </tr> <tr> <th>Age</th> <th>18 - 25</th> <th>26 - 35</th> <th>36 - 45</th> <th>46 - 55</th> <th>56 - 65</th> <th>65 +</th> </tr> </thead> <tbody> <tr> <td>Athlete</td> <td>54 - 60</td> <td>54 - 59</td> <td>54 - 59</td> <td>54 - 60</td> <td>54 - 59</td> <td>54 - 59</td> </tr> <tr> <td>Excellent</td> <td>61 - 65</td> <td>60 - 64</td> <td>60 - 64</td> <td>61 - 65</td> <td>60 - 64</td> <td>60 - 64</td> </tr> <tr> <td>Great</td> <td>66 - 69</td> <td>65 - 68</td> <td>65 - 69</td> <td>66 - 69</td> <td>65 - 68</td> <td>65 - 68</td> </tr> <tr> <td>Good</td> <td>70 - 73</td> <td>69 - 72</td> <td>70 - 73</td> <td>70 - 73</td> <td>69 - 73</td> <td>69 - 72</td> </tr> <tr> <td>Average</td> <td>74 - 78</td> <td>73 - 76</td> <td>74 - 78</td> <td>74 - 77</td> <td>74 - 77</td> <td>73 - 76</td> </tr> <tr> <td>Below Average</td> <td>79 - 84</td> <td>77 - 82</td> <td>78 - 84</td> <td>78 - 83</td> <td>78 - 83</td> <td>77 - 84</td> </tr> <tr> <td>Poor</td> <td>85 +</td> <td>83 +</td> <td>85 +</td> <td>85 +</td> <td>84 +</td> <td>83 +</td> </tr> </tbody> </table> <p style="text-align: right; font-size: small;">apriloftheheart.com</p>	Resting Heart Rate Chart							Men (beats per minute)							Age	18 - 25	26 - 35	36 - 45	46 - 55	56 - 65	65 +	Athlete	49 - 55	49 - 54	50 - 56	50 - 57	51 - 56	50 - 55	Excellent	56 - 63	55 - 61	57 - 62	58 - 63	57 - 64	56 - 61	Great	62 - 65	62 - 65	63 - 66	64 - 67	62 - 67	62 - 65	Good	66 - 69	66 - 70	67 - 70	68 - 71	68 - 73	66 - 69	Average	70 - 73	71 - 74	71 - 75	72 - 76	72 - 75	70 - 73	Below Average	74 - 81	75 - 81	76 - 82	77 - 83	76 - 81	74 - 79	Poor	82 +	81 +	83 +	84 +	83 +	80 +	Women (beats per minute)							Age	18 - 25	26 - 35	36 - 45	46 - 55	56 - 65	65 +	Athlete	54 - 60	54 - 59	54 - 59	54 - 60	54 - 59	54 - 59	Excellent	61 - 65	60 - 64	60 - 64	61 - 65	60 - 64	60 - 64	Great	66 - 69	65 - 68	65 - 69	66 - 69	65 - 68	65 - 68	Good	70 - 73	69 - 72	70 - 73	70 - 73	69 - 73	69 - 72	Average	74 - 78	73 - 76	74 - 78	74 - 77	74 - 77	73 - 76	Below Average	79 - 84	77 - 82	78 - 84	78 - 83	78 - 83	77 - 84	Poor	85 +	83 +	85 +	85 +	84 +	83 +
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**Table 1.** List of parameters *(continued)*

<p>Light of Intensity</p>	
<p>Sound Level</p>	<p style="text-align: center;"><b>Sound Levels (dBA)</b></p>  <ul style="list-style-type: none"> <li>130 Threshold of pain</li> <li>120 Jet aircraft take-off at 200 feet</li> <li>110 Riveting machine</li> <li>100 Construction site</li> <li>90 Boiler Room</li> <li>80 Jackhammer at 50 feet</li> <li>70 Vacuum cleaner</li> <li>60 Conversational speech at 3 feet</li> <li>50 Large electrical transformer at 100 feet</li> <li>40 Quiet urban area at night</li> <li>20 Quiet countryside</li> <li>0 Threshold of human perception</li> </ul>

#### 4 Data collection

The smartphone is wearable sensors in avoiding the need to acquire other sensor and suit the ideal ubiquitous monitoring devices [2], [3]. This study will show how the smartphone sensors can detect the total of human physical movement. By using the parameters accelerometers, gyroscope and magnetometers can know the total human movement [4]. The phone location is put in the pocket during the test conducted. The project was involved by students consists from different universities which are Universiti Kuala Lumpur (MITEC), Universiti Teknologi Malaysia, Skudai (UTM), Universiti Teknikal Malaysia, Melaka (UTEM) and UiTM Puncak Alam. The student

requires to download and install apps sensor which is AndroSensor in their smartphone to detect and track their movement during online class [5].

Below flowchart in Figure 2 illustrates the system which is from start of the process until the end of the process. The flowchart helps students on the development of the process plus give the direction clearly in order to achieve the objectives of the research.

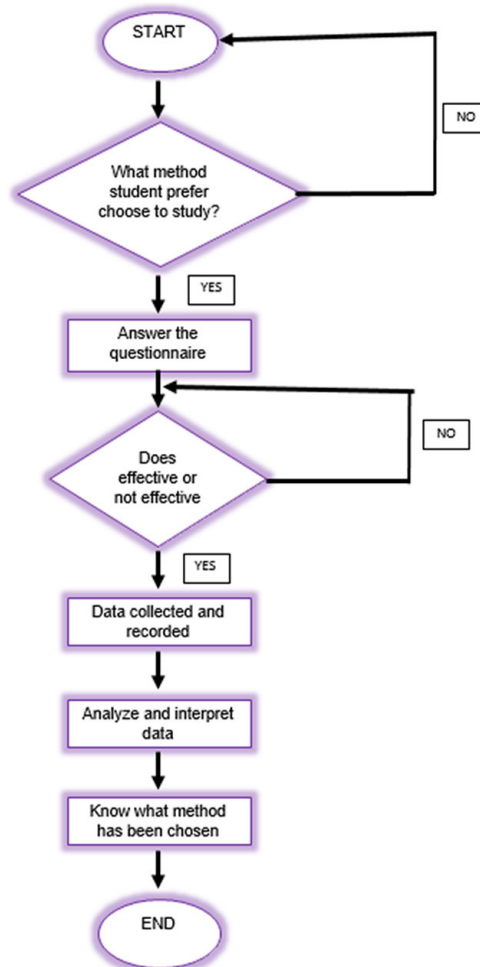


Fig. 2. Process flowchart

## 5 Dependent variables and independent variables

Below Figure 3 illustrate the relationship between movement of the student during online class and the level of understanding after attended the online learning.

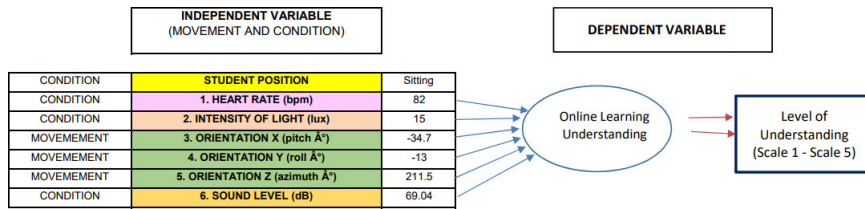


Fig. 3. Independent and dependent variables

The understanding of online learning is measured using survey and questionnaire. The respondents that involves on this research are consists from different universities. Total 60 students were involved in this study. Students that are selected has followed the criteria needed which are height, weight and age. Scale 1 To 5 as shown in below Table 2 is used in the questionnaire to measure the level of understanding.

Table 2. Understanding level

1	Has an elementary knowledge and skills Poor level of skills
2	Has a basic knowledge and understanding Limited level of skills
3	Has a sound knowledge and understanding Adequate level of skills
4	Has thorough knowledge and understanding Able to apply the skills in most situations
5	Has extensive knowledge and understanding Can apply the skills in most and new situations and high competence

Regression analysis is statistical tehcnique for estimating the relationship among variables which have reason and result relation. Main focus is to analyse the relationship between indepent variables and dependent variables. Multiple Linear Regression analysis is performed to conclude the relationship between the parameters and the understanding of online learning.

$$Y_i = \beta_0 + \beta_1 x_{i1} + \beta_2 x_{i2} + \dots + \beta_p x_{ip} + \epsilon$$

where, for  $i = n$  observations:

$y_i$  = dependent variable

$x_i$  = explanatory variables

$\beta_0$  = y-intercept (constant term)

$\beta_p$  = slope coefficients for each explanatory variable

$\epsilon$  = the model's error term (also known as the residuals)

## 6 Result

Below Table 3 tabulate the result of each student movement during attended the online class and their answer on the level of understanding after attended the online

classroom. Based on this result there are 32 students were at level 3 of understanding, and 21 students at level 4 and 7 students at level 5. The heart rate, the light intensity and sound level data show that majority of the student were study in normal conditions with maximum heart rate is 115 bpm and minimum 49 bpm, while maximum light intensity is 516 lux and minimum is 210 lux, and for maximum sound level is 70 db and minimum is 38.6 db. For the student movement, majority of them move toward to the negative side for all direction X, Y, X. The student while study online learning and facing the computer screen the negative X is show that they quite frequent moving to the left side, the negative Y show moving to backward and negative Z show the student moving to the downside.

**Table 3.** Result

Heart Rate (bpm)	Light Intensity (lux)	Orientation X (Pitch $\hat{A}^\circ$ )	Orientation Y (Roll $\hat{A}^\circ$ )	Orientation Z (Azimuth $\hat{A}^\circ$ )	Sound Level (db)	Level of Understanding
89	458.00	-6.530	7.000	-5.460	60.000	5
90	250.00	-5.460	-4.000	-4.000	45.865	4
60	502.00	-5.460	-4.190	-2.000	69.000	4
92	432.00	-4.190	-6.530	-4.000	49.998	5
115	351.00	-2.000	-4.000	-2.000	56.412	3
97	348.00	-9.120	-2.000	-4.000	41.572	4
101	361.00	-3.620	-4.000	-5.460	40.954	4
60	516.00	-5.460	-4.000	-4.190	38.600	5
83	225.00	-6.970	-2.000	-2.000	41.812	3
66	210.00	-4.000	-4.000	-6.970	43.216	4
89	344.00	-4.190	-6.970	-4.000	42.524	4
103	230.00	-4.000	-4.000	-6.530	41.861	5
66	451.00	-5.460	-2.000	-5.460	41.814	5
89	461.00	-4.190	-4.000	-5.460	42.785	5
105	427.00	-2.000	-2.000	-4.190	41.933	5
103	320.00	-9.120	-5.460	-2.000	48.709	3
60	250.00	-6.530	-4.190	-6.530	49.998	4
68	310.00	-6.530	-2.000	-3.620	56.412	4
83	432.00	-4.000	-9.120	-6.530	55.000	5
51	351.00	-2.000	-3.620	-6.970	55.000	5
83	230.00	-4.000	-5.460	-4.000	43.216	3
82	361.00	-4.000	-6.970	-4.000	57.000	4
71	399.00	-6.530	-4.190	-2.000	45.020	4
103	225.00	-4.000	-5.460	-4.000	50.320	3
89	424.00	-6.970	-6.530	-4.000	42.785	3
86	344.00	-5.460	-4.000	-2.000	45.865	3

(Continued)

**Table 3.** Result (continued)

Heart Rate (bpm)	Light Intensity (lux)	Orientation X (Pitch $\hat{A}^\circ$ )	Orientation Y (Roll $\hat{A}^\circ$ )	Orientation Z (Azimuth $\hat{A}^\circ$ )	Sound Level (db)	Level of Understanding
50	453.00	-4.000	-2.000	-4.190	48.709	4
79	230.00	-6.530	-4.000	-4.190	63.000	3
82	237.00	-4.000	-6.530	-2.000	56.412	3
49	210.00	-2.000	-4.000	-4.190	62.430	4
103	320.00	-4.000	-3.620	-4.000	58.000	3
60	250.00	-6.970	-6.530	-6.530	56.412	4
89	310.00	-3.620	-3.620	-4.000	60.000	4
105	321.00	8.000	-6.530	-2.000	57.320	5
103	351.00	-2.000	-6.970	-4.000	61.000	4
89	348.00	-4.000	-4.000	-2.000	62.440	3
83	440.00	-6.530	-6.530	-5.460	55.940	3
82	399.00	-2.000	-5.460	-2.000	61.230	4
89	225.00	-6.970	-5.460	-4.000	55.230	4
103	424.00	-4.000	-4.190	-6.530	53.950	5
76	344.00	-4.190	-4.190	-4.000	56.412	5
79	433.00	-4.190	-2.000	-4.000	63.220	4
65	439.00	-4.000	-9.120	-6.970	59.420	4
103	457.00	-6.530	-6.530	-4.000	67.000	4
85	427.00	-5.460	-4.000	-4.190	60.000	3
90	320.00	-5.460	-2.000	-4.000	65.000	4
89	250.00	-4.190	-4.000	-6.530	56.412	4
65	310.00	-4.000	-4.000	-4.000	64.550	4
70	432.00	-4.190	-2.000	-2.000	58.000	5
79	351.00	-6.970	-4.000	-4.190	53.000	3
101	348.00	-4.190	-4.000	-2.000	70.000	3
98	361.00	-2.000	-4.190	-4.000	43.216	5
78	399.00	-4.190	-2.000	-2.000	64.320	4
82	279.00	-4.190	-4.000	-4.000	63.000	4
89	424.00	-2.000	-6.530	-6.970	64.000	3
103	344.00	-4.190	-4.000	-4.000	51.000	4
85	453.00	-4.190	-2.000	-6.530	50.000	4
59	451.00	-6.970	-9.120	-5.460	60.540	4
105	429.00	-6.530	-6.970	-5.460	58.420	3
89	220.00	-4.000	-4.000	-4.190	56.412	3



## 7 Conclusion

One of the objectives for this study is to analyze the level of understanding of online learning during Movement Control Order (MCO) due to pandemic Covid-19. From the above result, due to normality test show that the data is not normal this study using median as an answer and thus the level of understanding for these students is at scale 4. Subsequent objective of the study is trying to identify the relationship between movement condition and sensor's parameters sensed by smartphone application. This study found the relationship by using Multiple Linear Regression with 43.25% of R-Square is shown as below.

Level of understanding =  $5.239 - 0.00857 \text{ Heart Rate} + 0.002736 \text{ Light (lux)} + 0.1308 \text{ Orientation X (pitch } \hat{A}^\circ) + 0.0762 \text{ Orientation Y (roll } \hat{A}^\circ) - 0.1230 \text{ Orientation Z (azimuth } \hat{A}^\circ) - 0.02127 \text{ Sound Level (dB)}$

The level of understanding when study through online leaning can be predicted through this Multiple Linear Regression formula. The application if this prediction is illustrated as below.

Heart Rate = 89 bpm  
Light of Intensity = 458 lux  
Sensor Orientation X = -6.530 pitch  $\hat{A}$   
Sensor Orientation Y = 7.000 roll  $\hat{A}$   
Sensor Orientation Z = -5.460 azimuth  $\hat{A}$   
Sound Level = 60 dB

Question: Based on above data what is the predicted level of understanding when study through online learning?

**Multiple Linear Regression formula:**

Level of understanding =  $5.239 - 0.00857 \text{ Heart Rate} + 0.002736 \text{ Light (lux)} + 0.1308 \text{ Orientation X (pitch } \hat{A}) + 0.0762 \text{ Orientation Y (roll } \hat{A}) - 0.1230 \text{ Orientation Z (azimuth } \hat{A}) - 0.02127 \text{ Sound Level (dB)}$

**Substitute the data into the formula:**

Level of understanding  
=  $5.239 - 0.00857 (89) + 0.002736 (458) + 0.1308 (-6.530) + 0.0762 (7) - 0.1230 (-5.460) - 0.02127 (60)$   
=  $4.47627 + 1.253088 - 0.854124 + 0.5334 + 0.67158 - 1.2762$   
= 4.804014

## 8 Acknowledgement

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