A Convolutional Neural Network Model to Segment Myocardial Infarction from MRI Images

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Abstract—Cardiovascular diseases (CVDs) are considered one of the leading causes of death worldwide. Myocardial infarction (MI) is one of the deadliest cardiac diseases that require more consideration. Recently, cardiac magnetic resonance imaging (MRI) has been applied as a standard technique for assessing such diseases. The segmentation of the left ventricle (LV) and myocardium from MRI images is vital in detecting MI disease at its early stages. The automatic segmentation of LV is still challenging due to the complex structures of MRI images, inhomogeneous LV shape and moving organs around the LV, such as the lungs and diaphragm. Thus, this study proposed a convolutional neural network (CNN) model for LV and myocardium segmentation to detect MI. The layers selection and hyper-parameters fine-tuning were applied before the training phase. The model showed robust performance based on the evaluation metrics such as accuracy, sensitivity, specificity, dice score coefficient (DSC), Jaccard index and intersection over union (IOU) with values of 0.86, 0.91, 0.84, 0.81, 0.69 and 0.83, respectively.

Keywords—cardiovascular disease, myocardial infarction, deep learning algorithms, cardiac MRI segmentation, convolutional neural networks

1 Introduction

Cardiovascular diseases (CVDs) are challenging diseases that threaten most people worldwide [1]. Myocardial infarction is a common CVD affecting many patients and increasing the leading causes of death globally [2]. Early detection of MI is crucial for effective diagnosis and therapy to alleviate the MI risk that leads to death. Several techniques have been used for assessing MI include electrocardiogram (ECG) [3]–[5] computed tomography (CT) scan [6], [7] and magnetic resonance imaging (MRI) [8]–[11] In particular, cardiac MRI is the gold standard modality for assessing myocardial tissue providing comprehensive information on the myocardium's structures and functions [12]. Segmentation approaches are widely used in clinical CMR analysis to delineate the healthy and pathological contours of LV and myocardium.

Manual segmentation in clinical routines is time-consuming and subject to intraand inter-observer variations. Thus, automatic or semi-automatic segmentation methods are highly required. Several traditional segmentation methods have been proposed

for cardiac MRI segmentation, including thresholding [13], Gaussian mixture model [14], [15], graph-cut model [16], atlas-based method [17], and active contour models [18]. However, the traditional segmentation algorithms require intervention and expert knowledge to delineate the myocardium and LV borders, which also have poor performance. Thus, automatic segmentation models for myocardium and LV from cardiac MRI images are proposed utilizing deep learning approaches. This paper proposes a CNN model for automatic LV and myocardium segmentation to detect MI areas from late gadolinium enhancement (LGE) short-axis MRI images.

2 Related works

Medical imaging analysis plays a critical role in diagnosing disease such as diabetic retinopathy [19], skin cancer [20] and lung disease [21]. In literature, several studies have been reported for automatic segmentation of myocardial scar and edema. Majority of such works are based on the integration of prior shape information of the myocardium to detect myocardial infarction [9]. Several methods employed traditional segmentation techniques such as thresholding based on image intensity and resolution to distinguish healthy and pathological tissues. Recently, deep learning-based algorithms have achieved state-of-the-art performance of myocardium, and LV segmentation in cardiac MRI [22]–[25], and more recent studies in this field are summarized in [26]. Table 1 summarized the characteristics of the recent related works in LV and myocardium segmentation using deep learning algorithms.

 Table 1. Summary of related studies for LV and myocardium segmentation using deep learning techniques (FCN = fully convolutional neural network, DRN = dilated residual network, HPPRN = hybrid pyramid pooling network, LSTM = long short-term memory)

Authors	Technique	Objective	Dataset
Tan et al. [27]	CNN regression	LV segmentation	2D Short-axis MRI
Shaaf <i>et al</i> . [22]	FCN	LV and myocardium segmentation	2D Short-axis MRI
Du et al. [23]	DRN with HPPN	LV and myocardium segmentation	3D Short-axis MRI
Qi et al. [24]	CNN	LV and myocardium segmentation	2D Short-axis MRI
Du et al. [25]	Encoder-decoder with LSTM	Bi-ventricles segmentation	2D Short-axis MRI
Yang et al. [28]	CNN with U-Net	LV segmentation	2D Short-axis MRI

Most of deep learning models for myocardial infarction segmentation focuses on mono-sequence cardiac MRI images, such as LGE. The cardiac images are acquired from different sequence, providing meaningful information of heart function. Automatic LV segmentation from cardiac MRI data remains a challenge in medical image analysis, which plays an effective role in early detection of cardiovascular diseases [29]–[32]. Winther *et al.* [33] proposed deep learning model to determine cardiac mass and function parameters based on biventricular segmentation. Bernard *et al.* [34]

summarized deep learning models for automatic MRI cardiac multi-structure segmentation and diagnosis. They measured the effectiveness of the state-of-the-art deep learning models in segmenting the myocardium and ventricles as well as classifying pathologies. Recently, Pérez-Pelegrí et al. [35] proposed a deep learning model based on 3D U-Net to estimate LV volume in the end diastole frame. The proposed method provided explanation for obtaining results in the form of segmentation mask without the need of labels for training. Furthermore, an automatic pipelines for myocardial and scar segmentation from short axis LGE-MRI was proposed by Mamalakis et al. [36]. The initial segmentation step is to estimate the myocardial boundaries by applying multi-atlas segmentation techniques. The following step is combining k-mean clustering and a geometric median shape variation techniques to refine myocardial segmentation. Then, an active contour technique was applied to determine healthy and unhealthy myocardial wall. The scar segmentation pipelines in an integration of a Rician-Gaussian mixture and full width at half maximum thresholding models, to define the intensity pixels in scar areas. The last step was segmentation of final scar regions by using watershed model with automatic seed-points framework. Based on limitations in previous proposed models such as inaccurate detection of position and size of endocardial and epicardial regions, and low segmentation accuracy in some patients, an automatic and accurate segmentation models for LV and myocardial segmentation to detect MI are in demand. Therefore, this work proposed a segmentation model that has achieved superior performance for MI segmentation compared with previously proposed methods. The essential step is applying pixel normalization for the training dataset to allow the network to extract features adequately even without extensive images.

3 Methodology

This study proposes a CNN model for myocardial infarction detection based on the segmentation of short-axis MRI images. The procedures for the proposed model are illustrated in Figure 1. The images and their corresponding labels are fed into selected CNN layers. Fine-tuning network hyper-parameters, including optimization algorithm (SGDM), learning rate (0.001), and epochs number (100), is an essential step before the training phase to ensure an efficient performance for the MI area detection.

3.1 Dataset

The image sequence with their corresponding labels used in this work was provided by the EMIDEC segmentation challenge [37]. The EMIDEC dataset consists of 150 exams from LGE-MRI associated with 12 clinical physiology features such as age, gender, history of cardiac diseases, etc. Each subject has different number of images with series of 5–10 short-axis slices for the LV area from base to apex. The corresponding contours of the normal myocardium, LV cavity, and MI are identified and marked by experts with more than 15 years of experience in medical imaging field. Due to the complex structures with the irregular shape of LGE-MRI in the EMIDEC dataset, preprocessing tools such as cropping and normalization were applied to extract region of interest (ROI) features (LV and myocardium) and remove irrelevant anatomical

structures. Moreover, data augmentation using rotation and flipping of images was performed to provide adequate training images for the proposed network with promising performance.



Fig. 1. Procedures of the proposed CNN model

Figure 2 shows the proposed CNN model layers architecture that extracts image features to detect MI areas if they exist in input images. The input layer represents the pixel matrix of the input images. The convolutional layer is the backbone of the CNN building block that consists of learnable filters (kernels) with height and width to learn features throughout the training phase. The convolutional layer is always followed by a rectified linear unit (ReLU) as an activation function that introduces non-linearity into the convolutional layer's output. Max-pooling layer is used to create a down-sampled feature map by calculating the maximum values for patches of feature maps. Transposed convolutional layer, known as the deconvolutional layer, reverses the operation of the standard convolution layer to generate an output feature map and retrieve input dimensions using up sampling. The last layers of the CNN network are the pixel classification layer for semantic image segmentation with outputs of the categorical label for each image pixel and the softmax layer to assign probabilities to each class, respectively.



Fig. 2. Architecture layers of the proposed CNN model

3.2 Performance evaluation

The parameters used in the evaluation phase for the proposed network were accuracy, sensitivity, specificity, dice score coefficient, and Jaccard index, as follows:

$$acc = (TP + TN)/(TP + TN + FP + FN)$$
(1)

$$sens = TP/(TP + FN)$$
 (2)

$$spec = TN/(TN + FP)$$
 (3)

$$DSC(A,M) = 2\left(\frac{|A \cap M|}{|A| + |M|}\right)$$
(4)

$$J(A.M) = \frac{A \cap M}{A \cup M} = \frac{A \cap M}{A + M - (A \cap M)}$$
(5)

Where TP (true positive) represents ROI that is correctly predicted as ROI; TN (true negative) represents background area that is correctly detected as background; FP (false positive) represents background region that is incorrectly detected as ROI; and FN (false negative) represents ROI region that is incorrectly detected as background. A represents the predicted ROI and M for manual ROI.

4 **Results and discussion**

The proposed CNN model was trained and tested using short-axis MRI images for a patient with myocardial infarction. Based on the layers selection and fine-tuning of the selected hyper-parameters, the model performance was robust in detecting MI regions in different cases. Figure 3 depicts the model accuracy and loss function during training phase. The evaluation metrics such as accuracy, sensitivity, specificity, dice score coefficient (DSC), Jaccard index and intersection over union (IOU) are illustrated in Figure 4. The accuracies of the proposed segmentation network are 0.84, 0.87 and 0.86 for LV, myocardium and MI, respectively. The proposed model gained sensitivity with values of (0.71, 073, and 0.91), specificity (0.90, 0.94, and 0.84), DSC (0.74, 0.79, and 0.81), Jaccard index (0.59, 0.65, and 0.69) and IOU (0.55, 0.58, and 0.83) for LV, myocardium, and MI, respectively. The network detection of MI outperformed the detection of LV and normal myocardium (Myo) regions in terms of sensitivity, DSC, Jaccard index and IOU with values of 0.91, 0.81, 0.69 and 0.83, respectively.



Fig. 3. Training accuracy and loss function of the proposed network



Fig. 4. Evaluation metrics of proposed network's performance

The visualization results of the proposed network are depicted in Figure 5, which shows a good detection of MI area in cardiac LGE-MRI images. Despite the complex shape of the scar and the edema in MRI images, the segmentation outcomes look reasonable, and the infarcted area is consistent with the MI area in the ground truth. A confusion matrix is a summary of computed results from the predicted pixel labels and ground truth pixel labels. The confusion matrix is shown in Figure 6 for model performance evaluation. The percentage of detected pixels for LV, Myo and MI, are 70.94%, 73.49% and 90.68%, respectively.



Fig. 5. The results of detected MI region by CNN network



Fig. 6. The confusion matrix of the proposed CNN segmentation network

To validate and assess the results of the proposed model, quantitative comparison with three previous methods were applied. Table 2 presents the quantitative comparison results which are based on three evaluation metrics consists of accuracy, DSC and IOU. As shown in the table, it is obvious that the proposed model outperforms other methods in term of MI area segmentation by achieving 0.86, 0.83 and 0.81 for accuracy, IOU and DSC, respectively. The accuracy and DSC of the model proposed in [38] are higher due to applying various models with multi-level and multi scale variation encoders for features learning. Although this proposed network has achieved the desired performance in MI detection, it lacks the detection of MI area in some apical slices. Moreover, the results need to be checked by a clinician to confirm the performance of the proposed CNN segmentation model.

Metrics Method Dataset IOU DSC Accuracy Proposed network EMIDEC 0.86 0.83 0.81 Popescu et al. [39] MICCAI 2015 0.86 0.68 0.75 Bleton et al. [40] MICCAI 2015 0.84 0.64 0.72 MICCAI 2018 0.79 Xu et al. [38] 0.96 0.90

 Table 2. Performance comparison between the proposed model and other

 state-of-the-art models in MI segmentation (MICCAI = Medical Image Computing and Computer Assisted Interventions)

5 Conclusions

This paper proposed a fully automatic CNN network to segment myocardial infarction with irregular and complex shapes from LGE-MRI images. Experimental results have shown the network's effectiveness in segmenting the anatomical structures of the infarcted area. The model achieved values of 0.86, 0.91, 0.84, 0.81, 0.69 and 0.83 for accuracy, sensitivity, specificity, dice score coefficient (DSC), Jaccard index and intersection over union (IOU), respectively. Visually, the automatic scar segmentation is consistent with manually labelled ground truth by experts. Integrating hybrid model using classification model to extract clinical features and segmentation model for feature extraction from LGE-MRI to detect myocardial infarction is suggested for future work.

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